

Residential Eating Disorders Centre (REDC)

Charlestown, NSW

Client: Hunter New England Local Health District

Budget: Approx \$13 million

Role: Principal Design Consultant

Type: Residential Health Facility

Completed: 2025

EJE are proud of their role as Principal Design Consultant for the new Residential Eating Disorders Centre at Charlestown which is the first of its kind in NSW.

In collaboration with residential architect Jodie Dixon, EJE has led a deeply considered design process shaping a facility that supports therapeutic recovery and emotional wellbeing for residents.

Nestled in natural vegetation, but with all the conveniences of Newcastle & the Hunter at its doorstep, this facility provides a vital recovery centre serving our local region, and the wider state. The design has been carefully crafted to create a therapeutic user experience that influences recovery and improves the wellbeing of occupants who stay at the centre for up to 3 months at a time.

The building form and arrangement is a thoughtful response to the client's detailed emotional design brief and the site's unique characteristics, optimising connections to the outdoors and landscape which play a crucial role in recovery.

Internally, each of the areas has been carefully designed to provide nurturing homelike spaces for residents to heal in a supported and comfortable environment.

The centre provides twelve resident rooms, a variety of lounge rooms and quiet nooks, as well as yoga & group therapy spaces, dining, kitchen, welcome room, administration, clinical support & service areas.

